

Young People's Training

2011-2012

These courses are FREE to any young people aged 14-25 in Hertfordshire and we can support with the cost of transport.



Courses – running from July 2011 – April 2012

All up to date course dates and venues can be found on our website, please visit www.pro-actionherts.org for more information.

Level 1 Award in Dance Leadership (Sports Leadership): 5 x 7 hour sessions – Age 14-21 yrs

This course aims to teach generic skills such as leadership, organisation, planning, communication and team work through various dance styles such as bhangra, street, musical theatre, salsa, tutting and jazz to name a few. It is a fun and practical qualification which has no entry requirements or exams to sit. In addition to completing the 5 tutor led sessions students must then volunteer with children or young people delivering dance sessions for a minimum of 5 hours to pass the course.

Level 2 Award in Developing Leadership Skills (Open College Network)

3 day residential – Age 16 – 21 yrs

This practical course focuses in the development of students personal leadership using various adventurous, problem solving, team building and exploratory activities. Students will take part in both theory and hands-on sessions led by our motivated and enthusiastic Peer Tutor team. There are no entry requirements, and to complete the course students must volunteer with either children or young people for up to 10 hours to pass the course.

Level 2 Award in Community Sports Leadership (Sports Leaders): 5 x 7 hour sessions – Age 16–25 yrs

This course is aimed at students with a basic sporting ability or in a position of responsibility in their volunteering project with children or young people who wish to develop their sporting leadership skills. The course enables students to practically plan, lead and evaluate session within a safe and inclusive approach. To complete the course students

must complete 15-20 hours volunteering with children or young people through sport as well as completing a 4 hour Emergency Life Support Course.

Level 2 Award in Playwork (CACHE) 7 x 6 hour sessions over 8 months – Age 16 yrs upwards (no upper age limit)

This Award forms the first part of a 3 stage Level 2 qualification where students will explore the areas of children's play, playwork and how to support the play process. Aimed at individuals wanting/in a career working with children aged 5 to 15 in a playwork setting. In addition to attending the tutor led sessions and self study tasks students will need to be in a work based placement at course commencement.

Level 2 Certificate in Youth Work Practice (ABC Awards)

10 x 7 hour sessions over 8 months – Age 16 yrs upwards (no upper age limit)

This nationally recognised qualification is for those who wish to gain 'support worker' status in youth work and is a stepping stone into a professional career with young people. Students will practically experience youth work principles, how to support positive environments for young people over seven units. In addition to attending the tutor led sessions and self study tasks students will need to be in a work based placement with young people aged 11+ at course commencement.

Course dates are released throughout the year in response to demand, so please contact us if you would like to be considered for any of the courses above!

Additional Information

All courses are FREE to any young people aged 14-25 to attend. Where necessary additional support can be given to students to ensure participation on a course (e.g child care support, expenses for travel, support worker on course)

Pro-Action's courses are delivered by motivated and enthusiastic tutors, and the expectation is that students will also attend sessions with the

same outlook! Due to the short time the courses are completed in attendance to all course dates is essential and ensuring that any tasks set are completed!

Voluntary Placements – In addition to the courses Pro-Action will assist young people in obtaining voluntary placements in the community (if they do not have one) in order to put their skills in practice.

CRB Checks – To ensure young people are suitable to work with children's and young people's groups Pro-Action will also CRB check each volunteer.

If you are interested in any of the courses, you just need to send your name mobile number, and e-mail address by visiting:

W: www.pro-actionherts.org

E: training@pro-actionherts.org

T: 01707 276859

www.pro-actionherts.org